



Arrest and Control Course Outline

Perishable Skills Program

The course will provide the trainee with the minimum topics of Arrest and Control required in the POST (Peace Officer Standards and Training) Perishable Skills Training Program (PSP). The trainee will develop the necessary tactical knowledge and skills to safely and effectively arrest and control a suspect. The course consists of a hands-on/practical skills arrest and control training for in-service officers.

ARREST AND CONTROL

Minimum Topics/Exercises:

1. Safety orientation and warm-up(s)
2. Class Exercises/Student Evaluation/Testing
3. Search - in exercise(s)
4. Control/Takedown/ - in exercise(s)
5. Equipment/Restraint device(s) use - in exercise(s)
6. Verbal commands - in exercise(s)
7. Use of Force considerations
8. Body Physics & Dynamics (suspects response to force)
9. Body balance/stance/movement patterns - in exercise(s)
10. Policies and legal issues
11. Recovery/First Aid (as applicable)

COURSE OBJECTIVES:

The trainee will:

1. Demonstrate knowledge of Department Arrest and Control Policy.
2. Demonstrate knowledge of the importance of mental and physical conditioning as it relates to effective arrest and control techniques.
3. Demonstrate a minimum standard of arrest and control skills with every technique and exercise, to include:
 - a. Judgment and Decision Making
 - b. Officer Safety
 - c. Body Balance, Stance and Movement
 - d. Searching/Handcuffing Techniques

- e. Control Holds/Takedowns
- f. De-escalation, Verbal Commands
- g. Effectiveness under Stress Conditions

Minimum standards of performance shall be tested by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.